

What brings you here today?

What issues are you facing?



KEEP YOUR **KIDS**
SAFE Online





E-SAFETY FOR PARENTS AND CARERS



Growing up online



Home

vs

School



Mobile Technology



CHILDWISE January 2016

Time spent online 'overtakes TV' among youngsters

More than 2000 children **aged 5-16** in schools across the UK complete the survey, on topics including their favourite apps and what they watch on YouTube.

The average time spent online is now **3 hours per day**, compared with 2.1 hours watching television.

67% of young children own a tablet.

Children go online to watch videos, listen to music, play games and research their homework - and older children use it for social networking, particularly among girls.

YouTube is the dominant destination which is used every day by almost half of all five to 16-year-olds, to watch video clips, listen to music and use games-related material.

They particularly want to see "funny" content on YouTube, but about a third watch "how-to" videos, including how to play computer games.

CHILDWISE January 2016

Young people online

3 hours

amount of time 7-16-year-olds
spend online each day

4.8 hours

time 15-16-year-olds spend online

2.1 hours spent watching TV
each day - down from 3 hours in
2000

60% watch TV via a phone, tablet
or laptop

38% do most of their TV viewing
on demand

Source: Childwise Monitor report 2016



Games, Apps and Websites



X-Box



Face Time



Minecraft



Facebook



Skype



Snap Chat



Clash of Clans



Twitter



FIFA 16



Instagram



YouTube



Play Station



Tumblr

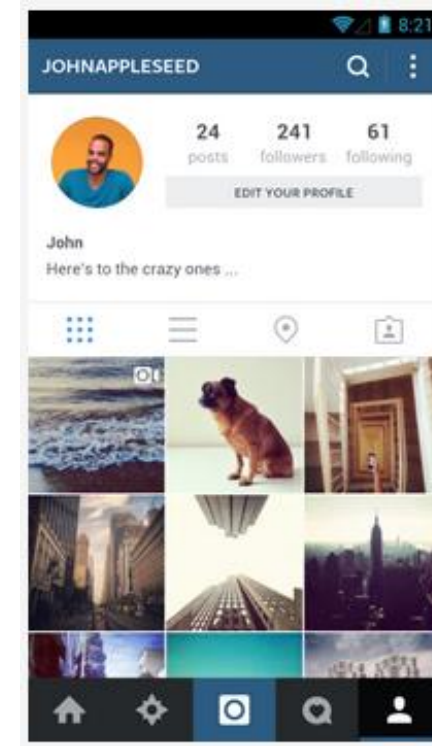
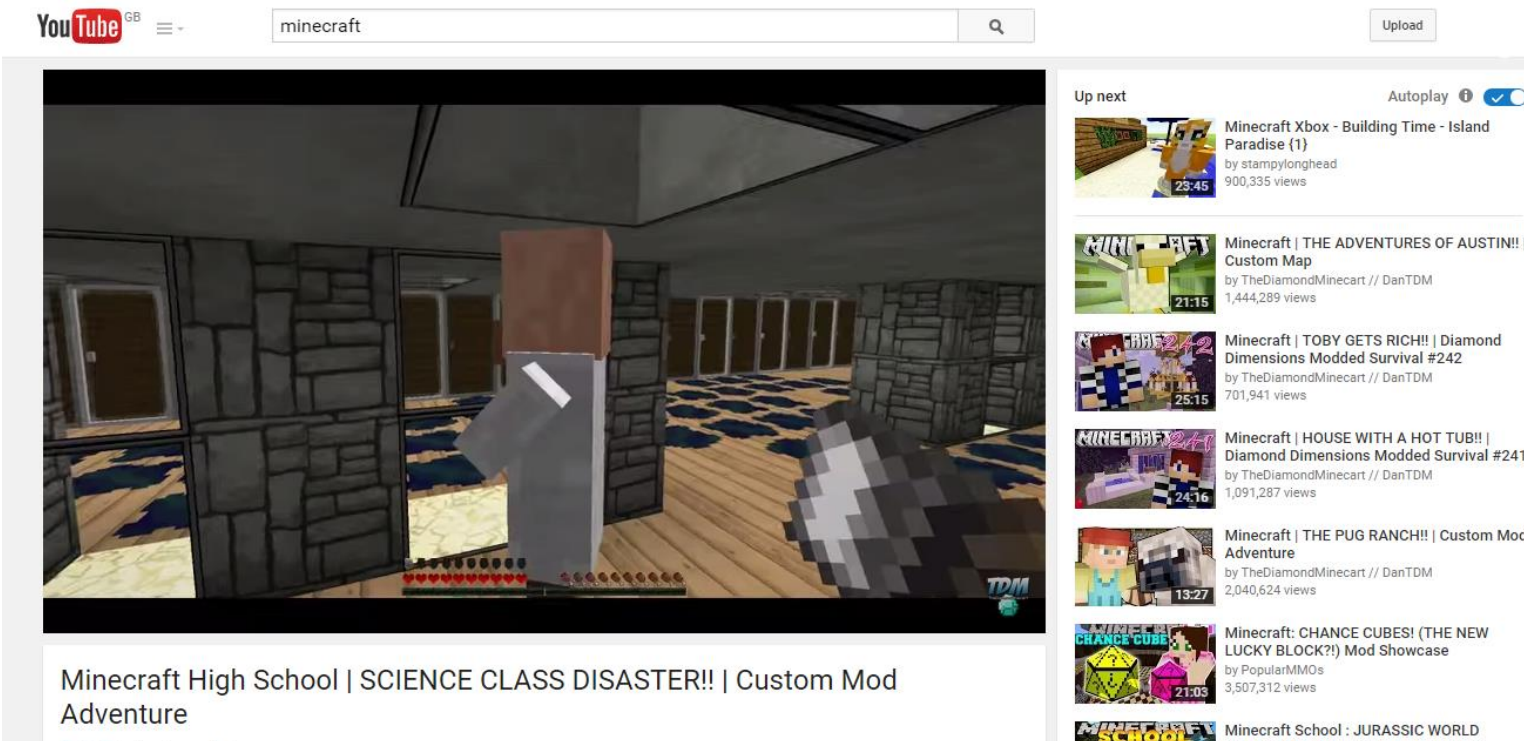


WhatsApp



Oovoo

YouTube and Instagram





Im only 10 nearly 11 and you inspire me so much



Your the best, keep doing videos
and your pretty



Zoella you are an amazing person i am nairly 11 years
old and i watch your videos everyday all day

I Love you so much Zoe your my idol and I'm not kidding

Zoe Sugg aka Zoella. You tube Vlogger

9,963,689 subscribers

659,714,273 views

Lives in £1m house in Brighton



Daniel Middleton aka DanTDM



9,229,760 subscribers

5,615,481,254 total views

70,000,000 views per week !!





**OVER 100 MILLION
SUBSCRIBERS BETWEEN THEM**



How is social media affecting our children?

It's all about the 'likes'

VIDEO SHOWN HERE

VIDEO SHOWN HERE



Younger children online:
How are families responding?

Professor Sonia Livingstone
September 2015



Findings

- Children are good at using technology
- Children are bad at evaluating
- Children are very limited in the Apps/games they use
- Children rarely use educational Apps
- Parents often allow children to use technology unsupervised

Risks children face....

Cyberbullying



Grooming and
Phishing



Inappropriate
websites



Cyberbullying (and cyber-meanness)

What is Cyberbullying?

How and where can you be Cyberbullied?

Cyberbullying - TOP TIPS

- Don't be afraid to ask questions
- Offer reassurance and support
- Tell your child that if they are being bullied to always keep the evidence
- Block the bullies
- Learn how to report and where to go for further support

Grooming

What is online grooming?

What does an online friend mean to your child?

Is it the same for you?



Grooming via gaming

Does your child play online games?

Do they know who they're playing against?

Do *you* know who they're playing against?



Phishing and Blackmail

Phishing is the attempt to acquire sensitive information such as usernames, passwords, and money, by pretending to be trustworthy.

Fraudsters target your computer. They accuse you of committing a crime and try to extort money from you.



Top Tips

- Talk to your child about their online friends
- Talk to them about online grooming / phishing
- Let your child know that you are always there for support and you understand how easy it is for things to get out of control online
- Learn how to report any inappropriate contact made to your child online

Inappropriate Content

Not age appropriate:

- Pornography
- Violence
- Racial Hatred
- Promoting eating disorders
- Gambling
- Suitable games



What does the word
'inappropriate'
mean in your house?

Gaming



Descriptors shown on the back of the packaging indicate the main reasons why a game has received a particular age rating.

There are eight such descriptors: violence, bad language, fear, drugs, sexual, discrimination, gambling and online gameplay with other people.



Game contains depictions of, or materials which might encourage, discrimination

Game may be frightening or scary for young children

Games depicts nudity and/or sexual behaviour or sexual references

Online Game

Game contains bad language

Game refers to or contains references to drugs

Games that encourage or teach gambling

Game contains depictions of violence

Apps



Does your child use a tablet or phone?

Are all the apps age appropriate?

Have you checked their PEGI rating?



Parental Controls

Set controls on:

- Tablets
- Mobile phones
- Games Consoles
- Computers
- Laptops
- Smart TVs

Set on *all* devices that
link to the internet

Remember...

Blocking and filtering are not 100% accurate and not a substitute for open communication!

Parental Controls - TIPS

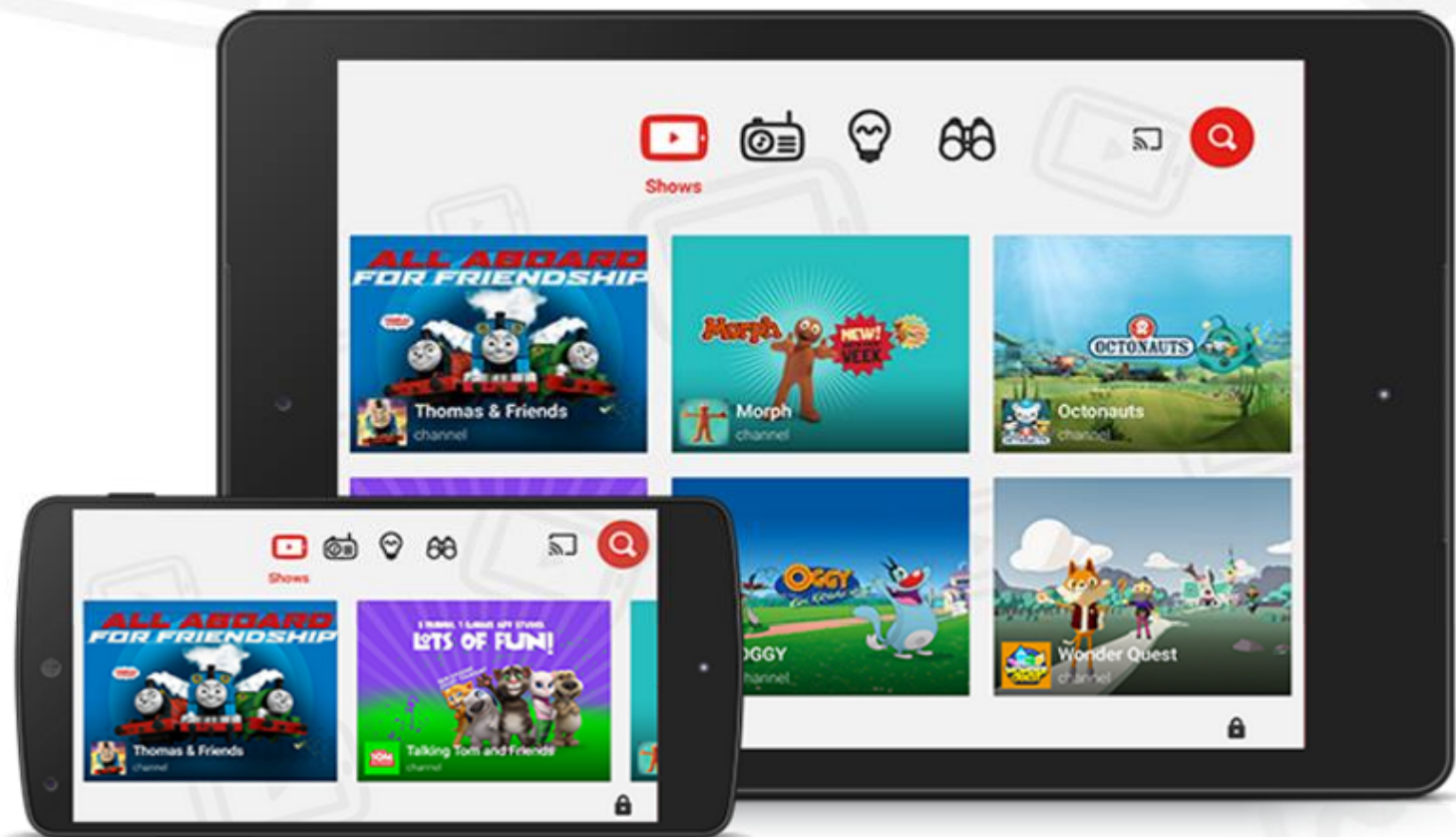
- Block sites that are not age appropriate
- Ban inappropriate (games) and illegal material
- Set rules for use - (switch off router at bedtime?)
- Monitor activity - who are they playing games with?
- Not in the bedroom?

YouTube KIDS

Dive into a world of discovery, learning and fun

YouTube Kids gives your family an easy way to watch their favourite programmes or explore anything that captures their imagination. It's free, simple to use and full of family-friendly videos.

YouTube Kids. Made for curious little minds.



[? YouTube Kids Parental Guide](#)

For more information about YouTube Kids, including how to set up parental controls, please take a look at our [Parent Guide](#).

Parental Control Apps - Android



Kids Place - Parents
kiddoware

★★★★★



Screen Time Parent
Screen Time Labs

★★★★★



SecureTeen Parents
Infowise

★★★★★



Norton Family pare
NortonMobile

★★★★★



Parental Control
Parental Control

★★★★★



ShieldMyTeen

ShieldMyTeen Pare
Pribno

★★★★★



Kids Zone Parental
Out of the Park Apps

★★★★★



YouTube Kids
Google Inc.

★★★★★



Mobile Fence Paren
Mobile Fence

★★★★★



NetSpark Parental
NetSpark

★★★★★



ESET Parental Cont
ESET

★★★★★



Safe Browser Paren
kiddoware

★★★★★

Parental Control Apps - iOS



Mobicip Safe
Browser With...
Education

+ Get



SecureTeen
Parental Control
Utilities

+ Get



Browser for Kids
Lite - Parental...
Education

+ Get



Screen Time
Parental Control
Lifestyle

+ Get

In-App Purchases



Qustodio Parental
Control for iPad...
Utilities

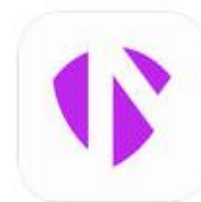
+ Get



WebProtectMe
Safe Browser wit...
Productivity

+ Get

In-App Purchases



Safe Browser for
Education with...
Education

Get

In-App Purchases



ParentKit -
Parental Control...
Utilities

+ Get

In-App Purchases



curbi Parental
Controls
Utilities

+ Get

In-App Purchases



Safe Family
locator with...
Lifestyle

+ Get



Familoop
Safeguard -...
Utilities

+ Get



Ranger Browser -
Safe Internet Fil...
Utilities

Get



F-Secure SAFE
Utilities

+ Get

In-App Purchases



K9 Web
Protection...
Utilities

+ Get

In-App Purchases



Parentsaround -
Parental Control
Utilities

+ Get

In-App Purchases



Moment - Track
how much you...
Health & Fitness

+ Get

In-App Purchases



Kidslox - Parental
Controls: Limit...
Lifestyle

+ £4.99



Browser for Kids -
Parental control...
Education

+ £0.79



Family Protector
Admin - Parent...
Utilities

+ Get



Safe Browsing for
iPad with Parent...
Utilities

Get



Kids Safe Browser
With Parental...
Utilities

+ Get



ScreenTimer -
Parental Control...
Productivity

+ £2.29



NETGEAR Genie
HD for iPad
Utilities

Get



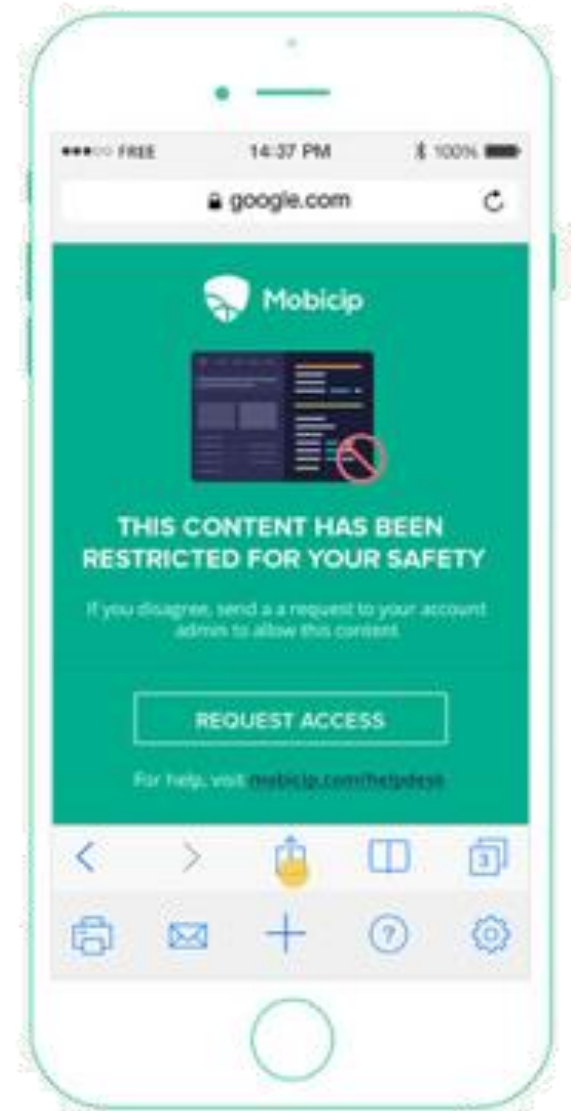
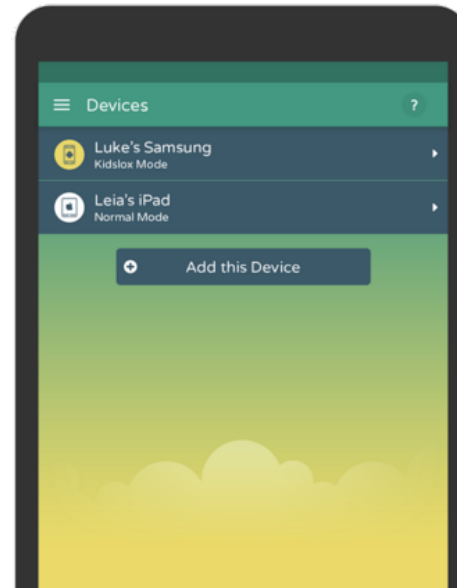
MMGuardian
Parental Control
Utilities

+ Get

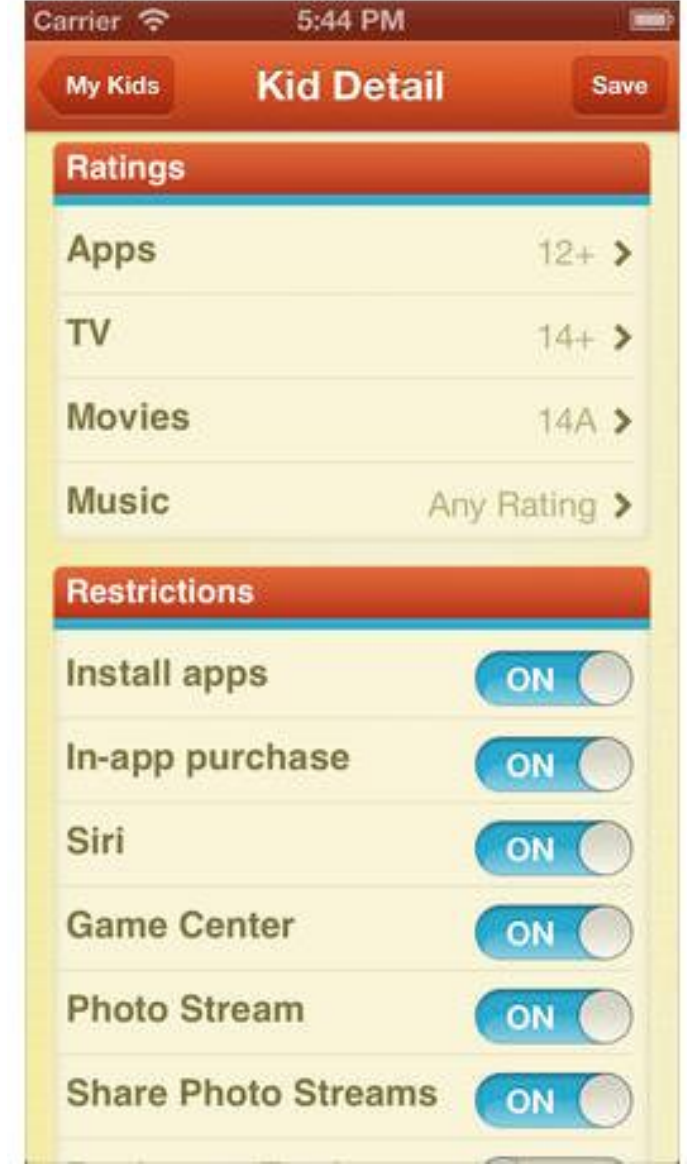
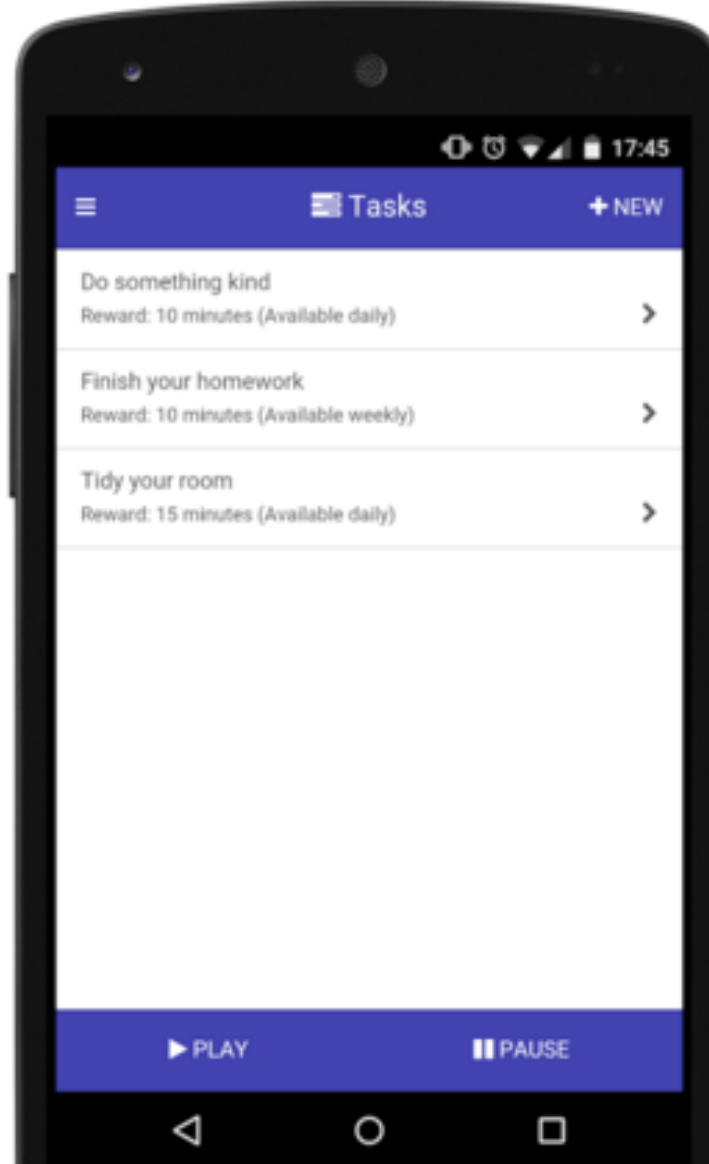
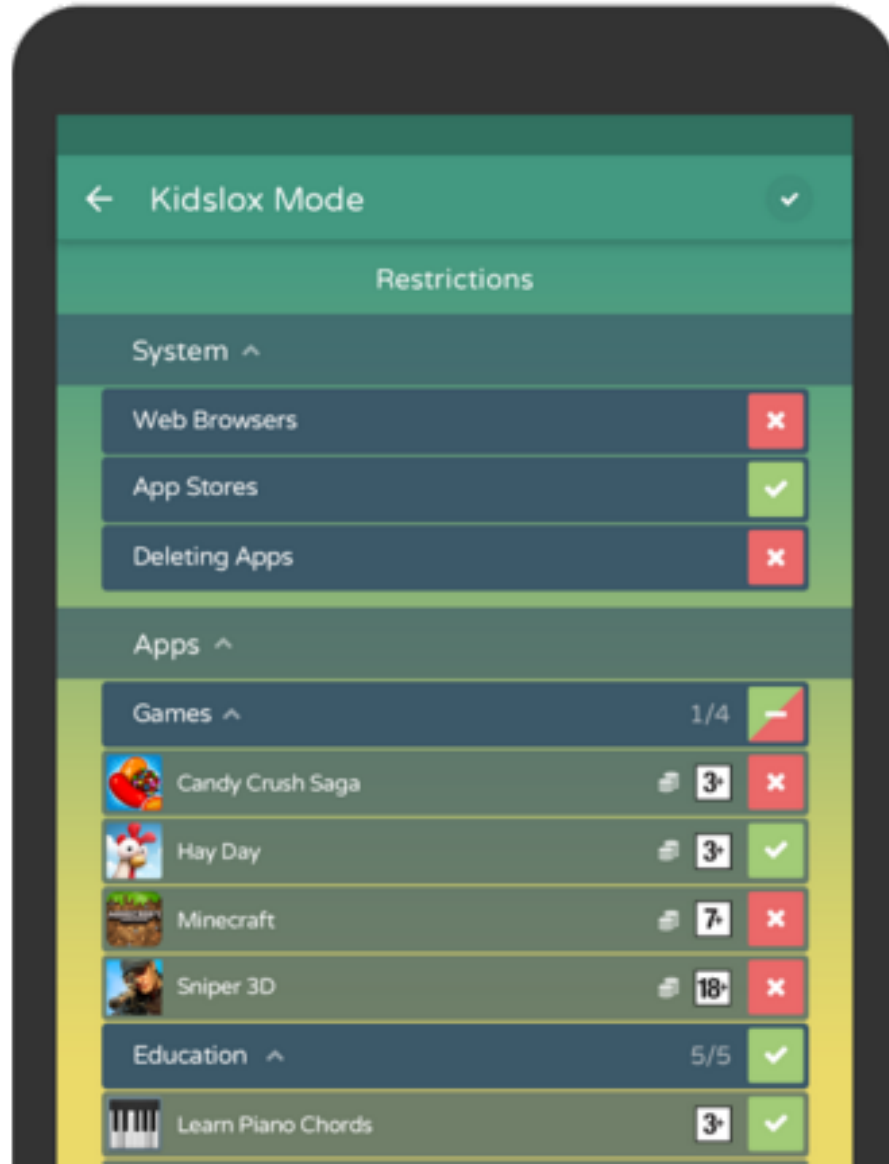
Parental Control Apps

What can they do?

- Limit Contact Lists and Text Message Filtering
- Block Features and Media
- Set Time Restrictions
- App Blocking and Disabling
- Access Parental Controls Anywhere
- Internet Protection
- Read texts
- Review photos
- View call logs



Parental Control Apps



Apps recommended by parents



Kidslox

iOS & Android

£4.99

Parental Controls for Android and iOS devices: Limit screen time and block apps on all of your kid's devices.



Our Pact

iOS

free

Parents can manage their child's screen time, enforce bedtime, set dinnertime, study time and schedule family time throughout the day.



Screen Time

Android free & iOS £2.29

Parents can manage their child's screen time, enforce bedtime, set dinnertime, study time and schedule family time throughout the day.



Selfie Cop

Android

free

Download the parent and child apps to the devices. Photos are automatically copied to the parents phone.

Social Media

Is my child too young to have a social media account?

Social Media & Internet

Age Restrictions

13

Twitter, Facebook, Instagram, Pinterest, Google+, Tumblr, Reddit, Snapchat, Secret, Pandora, iTunes, Spotify, Skype, Myspace, Minecraft

14

LinkedIn

16

Whats App

17

Tinder, YikYak, Vine

18 (Or, need adult permission)

Youtube, WeChat, Kik, Keek, Foursquare, Flickr Path, Xbox Live (child account until 18), Playstation Network (sub account until 17)

Social Media

If you do allow your child to be on social media.

- Set up their profile
- Add your email as the main contact
- Set the privacy settings to 'friends only' and ensure the 'friends' are children you know
- Be a friend or a follower yourself
- Limit their time using it
- Check in regularly and keep updated

THE PARENTS' AND CARERS' GUIDE TO THE INTERNET

VIDEO SHOWN HERE

Summary

- Know what your child is doing
- Speak to them about their online profile
- Make sure they are happy to talk to you
- Set rules for their online use
- Set parental controls
- Know how to report



Help and Support

Think you know
Childnet International

www.thinkuknow.co.uk/parents/
www.childnet.com/resources/know-it-all-for-parents
www.childnet.com/parents-and-carers

Kidsmart

www.kidsmart.org.uk/parents

CEOP

www.ceop.police.uk/

Report Abuse

www.ceop.police.uk/Ceop-Report/

Report Illegal Content

www.iwf.org.uk

E-Safety

www.whoishostingthis.com/resources/e-safety/

Get Safe Online

www.getsafeonline.org

Windows Safe Set Up

account.microsoft.com/family/about

Facebook Safety

www.facebook.com/safety

Instagram Tips for Parents

help.instagram.com/154475974694511/

Vodafone

www.vodafone.com/content/parents.html/